

Useful resources about Aboriginal Culture and Health

<http://www.vaccho.org.au>

Victorian Aboriginal Community Controlled Health Organisation Inc.

VACCHO is the peak Aboriginal health body representing 100% of all Aboriginal Community Controlled Health Organisations (ACCHOs) in Victoria. Nationally, VACCHO represents the community controlled health sector through its affiliation and membership on the board of the National Aboriginal Community Controlled Health Organisation (NACCHO). State and federal governments formally recognise VACCHO as the peak representative organisation on Aboriginal health in Victoria. (from www.vaccho.org.au)

<http://www.naccho.org.au>

National Aboriginal Community Controlled Health Organisation

NACCHO is the national peak body representing over 150 Aboriginal Community Controlled Health Services (ACCHSs) across the country on Aboriginal health and wellbeing issues. NACCHO represents local Aboriginal community control at a national level to ensure that Aboriginal people have greater access to effective health care across Australia. NACCHO provides a coordinated holistic response from the community sector, advocating for culturally respectful and needs based approaches to improving health and wellbeing outcomes through ACCHSs. (from www.naccho.org.au)

<http://www.vahs.org.au>

Victorian Aboriginal Health Service website

Provides information on services and events provided by VAHS.

<http://www.iaha.com.au>

Indigenous Allied Health Australia

IAHA provides support for indigenous Australians in careers in allied health, recognising that: "Aboriginal and Torres Strait Islander health professionals play a vital role in addressing the health and wellbeing of Australia's First Peoples. In order to close the gap in health outcomes, more Aboriginal and Torres Strait Islander people must be encouraged to consider, pursue and succeed in allied health careers."

IAHA hosts an annual conference for both indigenous and non-indigenous allied health professionals who are working with Aboriginal and Torres Strait Islander people. <http://www.iahaconference.com.au/2015-national-conference/>

<https://www.reconciliation.org.au>

Reconciliation Australia

Reconciliation Australia is an independent, national not-for-profit organisation promoting reconciliation by building relationships, respect and trust between the wider Australian community and Aboriginal and Torres Strait Islander peoples. There are many resources and programs available on their website, including a specific Workplace program.

http://www.gpet.com.au/ArticleDocuments/155/9810_GUAB_v5.pdf.aspx

'Give Us A Break'

An education resource produced by General Practice Education and Training Ltd, and a useful read for any practitioner who works with Aboriginal and Torres Strait Islander people.

<http://www.dpc.vic.gov.au/index.php/aboriginal-affairs/aboriginal-affairs-overview>

Victorian State Government website for the Office of Aboriginal Affairs Victoria. There is a link to the Aboriginal Affairs policy. The site also contains information regarding recognition of Aboriginal cultural heritage and Protocols for Recognising Traditional Owners.

www.healthinfonet.ecu.edu.au

An online resource provided by Edith Cowan University in Western Australia pooling together research and information on all aspects of indigenous health in Australia. There are different sections focused on chronic, infectious and other health conditions, as well as research and information around population health, preventative health and health infrastructure for indigenous people.

Of particular interest to optometrists and others working in eye health is the *EyeInfonet* (<http://www.healthinfonet.ecu.edu.au/other-health-conditions/eye>). It contains a wealth of articles relating to guidelines for practice, resources for eye health promotion and links to organisations involved in eye health of indigenous people.

<http://lryb.aiatsis.gov.au/>

'The Little Red Yellow Black Website'

An informative and inspiring website that arose from *The Little Red Yellow Black Book: An introduction to Indigenous Australia*, which was developed by the Australian Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS). It is a beautifully presented and easily readable entry-point to Indigenous culture and history.

www.rahc.com.au/elearning

Remote Area Health Corps

Website of the RAHC, which was established to train, prepare and mobilise urban health practitioners for work in remote health clinics serving Indigenous communities in the Northern Territory. They have created an introductory cultural orientation handbook that can be freely accessed online or as a pdf download

(http://issuu.com/rahc/docs/rahc_cultural_orientation_handbook/?e=10575204/6841963). They also provide a free elearning program for health professionals preparing to work in a remote setting.

<http://iehu.unimelb.edu.au/>

Indigenous Eye Health Unit of The University of Melbourne

The Indigenous Eye Health Unit (IEHU) undertakes world-leading research that has established an evidence base and policy framework around Indigenous eye health in Australia. The Unit is actively engaged in advocacy and provides specialist support for initiatives to 'close the gap for vision' including social marketing for the elimination of trachoma. (from <http://iehu.unimelb.edu.au/>)

<http://www.koorieheritagetrust.com/>

Koorie Heritage Trust

Offers a range of programs and services including the only public collection in Victoria dedicated solely to Koorie art and culture comprising artefacts, pictures and photographs as well as an Oral History Program and a Reference Library; cross cultural awareness training and tours; exhibitions; a Koorie Family History Service; and a retail shop.

www.sbs.com.au/firstaustralians/

The First Australians TV series (SBS)

<http://museumvictoria.com.au/bunjilaka/>

Bunjilaka Aboriginal Cultural Centre Melbourne Museum

Bunjilaka is the Aboriginal Cultural Centre at Melbourne Museum, a venue of Museum Victoria. It was developed to empower Aboriginal Australians to interpret their own cultural heritage, for both Indigenous and non-Indigenous people.

<http://inwpcp.org.au/resources/closing-the-health-gap-for-aboriginal-and-torres-strait-islander-people/welcoming-environments-guide/>

Welcoming Environments Guide

Provides information and resources for health practitioners about creating a culturally welcoming environment for Aboriginal and Torres Strait Islander community members attending for health care.