

Our Golden Years

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Editor's Welcome

Dear Readers,

Welcome to the winter edition of Our Golden Years, a hard copy newsletter for seniors from non-English speaking and ethnic and multicultural seniors clubs.

This edition features an interview by a volunteer from a multicultural background, the senior's awards, and information on eye care services.

The Ethnic Communities' Council of Victoria (ECCV) has been visiting ethnic seniors clubs and has formed a Working Group focusing on ethnic seniors clubs.

I hope you enjoy reading this edition.

Nikolaus Rittinghausen

Editor

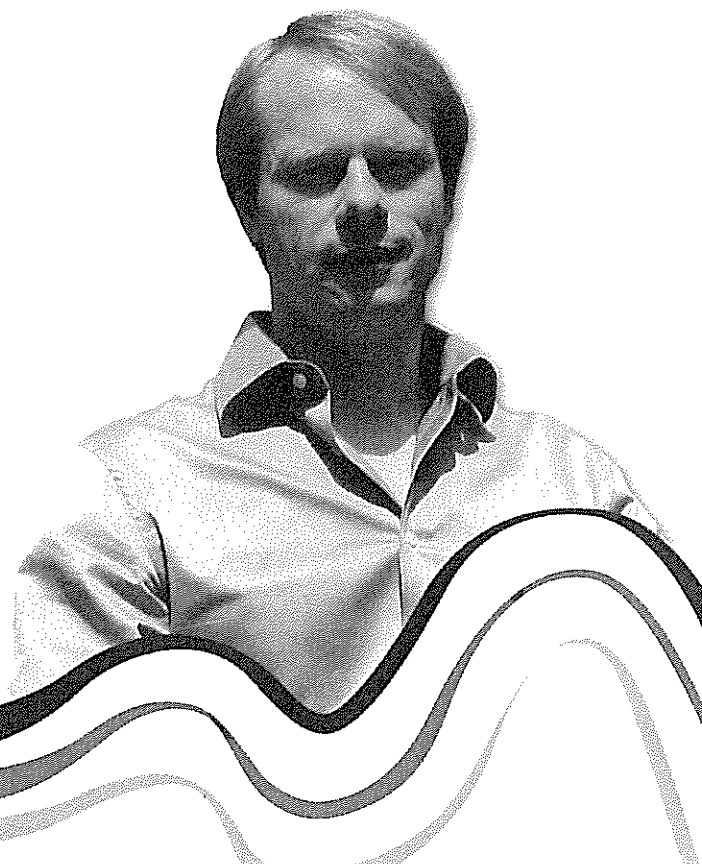
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"Seeing people smile makes me happy!"

*Kim Hassan, Volunteer President
at Hampton Turkish Seniors Club*



Protecting community eyesight

The Australian College of Optometry provides quality eye care. Subsidised glasses and contact lenses are available for Victorians on concession cards, through the Victorian Eyecare Service, funded by the Victorian State Government.

Our patients come from a wide and diverse range of backgrounds. We welcome all multi-cultural backgrounds.

Regular eye tests are BULK BILLED to Medicare.

Subsidised glasses for single vision prescriptions start from \$39.50 and \$54.50 for bifocals for Victorians who are

- pension card holders
- health care concession card holders and their children
- Aboriginal and Torres Strait Islander people
- refugees and asylum seekers

Carers, family and friends are also welcome. (Non subsidised rates apply)



Our clinics are located in Carlton, Berwick, Braybrook, Broadmeadows, East Preston and Frankston. Participating optometrists also operate in regional and rural Victoria.

Please call 03 9349 7455 to book an appointment.

To subscribe to our newsletter or for more information please email aco@aco.org.au