

THERAPEUTICS REFRESHER DAY



AUSTRALIAN COLLEGE OF
OPTOMETRY
CLINICAL SERVICES • RESEARCH • EDUCATION

Five extensive lectures presented by leading eye professionals

This one-day, in person short course is ideal for optometrists who want to further their expertise in oral and topical therapeutics and gain practical insights into the contemporary management of keratoconus, myopia, uveitis and glaucoma.

As optometrists play an ever-growing role in the therapeutic management of ocular disease, it is important to consider the appropriate context and use of both topical and oral medications in optometric practice.

With interactive learning opportunities, this course has a strong focus on the next frontier of optometry: optometry's role in oral therapeutics. The program is designed to provide candidates with relevant theory to enhance their patient care together with interactive case study analysis.

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Date

9am-4pm,
Sunday,
2 October 2022

Location

Australian College of Optometry,
374 Cardigan St,
Carlton

Lecture 1 - Oral Prescribing for Optometrists

Oral medication prescribing in optometry; is this the next frontier? As Australian optometrists adopt a greater role managing ocular conditions it is important to understand the appropriate context and use of oral medications in optometry. This combined didactic and interactive presentation will discuss the role of oral therapeutics in optometry using case studies to illustrate how these medications can be appropriately prescribed and managed.



Associate Professor
Mark Roth

Lecture 2 - The Growing Role of Cycloplegics in Paediatric Optometry

We are amidst a global myopic epidemic, with the World Health Organization forecasting that half the world's population could be affected by 2050. As a recognised treatment for myopic progression cycloplegics will play a growing role in paediatric optometry. This presentation will cover the varied uses of topical cycloplegics through their uses in cycloplegic refraction, and management of both childhood amblyopia and myopia.



Elisse Higginbotham

Lecture 3 - Corneal Ectasias and Corneal Collagen Cross-Linking Update

The clinical insights for optometrists derived from recent studies of the corneal collagen cross-linking technique variations will be discussed, together with the 10-year study results for CXL in paediatric keratoconus and the optimal management of patients with corneal ectasia undergoing cataract surgery.



Dr Nathan Wong

Lecture 4 - The Challenges of Diagnosing and Managing Glaucoma in Myopia

Is it just co-incidence that an increasing prevalence of glaucoma is developing at the same time as both an increase in myopia and the aging of the worlds' population? For the detection and management of glaucoma, this triad creates clinical challenges as myopic patients are known to often have both larger optic nerves and larger cupping of the optic nerves. This combined lecture and interactive presentation will discuss the intersection of glaucoma and myopia, including some clinical strategies to ensure efficient glaucoma assessment and management in this population.



Dr Alp Atik

Lecture 5 - Anterior Segment Inflammation Update

This session is designed to provide an update on the treatment of anterior segment inflammations, including episcleritis, scleritis and anterior uveitis. These conditions are often treated in primary care optometry, and the process of optimal clinical assessment and care of these patients will be emphasised. This presentation will also highlight the clinical findings which should trigger a referral to ophthalmology for specialised clinical care and the prevention of potential vision loss.



Dr Robyn Troutbeck

FEES

	AU (INC GST)	NZ (GST EXEMPT)
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